



Hitchcock Free Academy

Educational, Recreational and Cultural Programs

Winter Spring 2012 CLASSES FOR AGES 14-Adult

AEROBICS,
ART GROUP,
BRACELETS & PEARLS,
BROWN BAGGERS,
CHEESEMAKING,
CONCRETE CASTING,
CPR & FIRST AID,
DOG TRAINING,
EDIBLE PERENNIAL
GARDEN & LANDSCAPE,
GEOCACHING,
GUITAR OR VOICE,

HENNA,
KITCHEN DESIGNS,
KNITTING AND
CROCHETING,
LIFE STYLE CHANGES vs.
ANOTHER DIET,
MUSIC THEORY,
SMART MONEY
MANAGEMENT,
NIPMUC PEOPLE,
DRAW and THEN PAINT
ALONG WITH ME,

POTTERY PIECES FOR
THE GARDEN,
PYSANKY EGG
DECORATION,
REIKI I, II, & MASTER
Certification,
TAI CHI,
WATERCOLORS,
WEIGHT WATCHERS,
YOGA (Hatha),
ZUMBA

YOUTH & PRE-SCHOOL COURSES

BABYSITTER'S TRAINING,
CEDARBROOK LEARNING CONNECTION,
CHILDREN'S MARTIAL ARTS,

FREE PLAYGROUP,
GUITAR OR VOICE,
SPANISH

FREE TORNADO RECOVERY PROGRAMS



The following classes are funded by a grant through the Community Foundation of Western MA, for those impacted by the tornado June 1st. Free Tuition for all courses is also available. We have the ability to create classes to meet the needs of those recovering, please call us to discuss ideas for offerings.

ART THERAPY FOR KIDS-
ART THERAPY FOR FAMILIES-
CREATIVE WRITING -
PLANTING A KITCHEN GARDEN-
PLANTING A KITCHEN GARDEN-
PLANTING SUNNY YARDS-
REBUILDING A-Z-

FEBRUARY 1, 8 & 15, 4-5 PM,
FEBRUARY 29, MARCH 7 & 14, 6-7 PM,
MARCH 1, 8, 15, 22, 29 &-APRIL 5, 7-8:30 PM,
HERB BOWL GARDEN, APRIL 17, 6-7:30 PM,
SALAD BOWL GARDEN, APRIL 19, 4-5:30 PM,
APRIL 25, 7-9 PM,
JANUARY 31, 7-9 PM

Free Tuition to all classes offered at Hitchcock has been made available for individuals and families recovering from the Tornado by funding through the Community Foundation of Western Massachusetts, Blue Cross Blue Shield of MA, and Hanover Insurance. Ask for an application form by calling 413 245-9977, check our website www.hitchcockacademy.org or email sue@hitchcockacademy.org

